



LOKEPARA MAHAVIDYALAYA

LOKEPARA, KULIARA, BIRBHUM



NSS UNIT
(NATIONAL SERVICE SCHEME)
NSS UNIT-I

NSS Event Reports of Lokepara Mahavidyalaya- 2022-2023

National Service Scheme popularly known as NSS, the scheme was launched in Gandhi Centenary year, 1969 and aimed at developing student's personality through community service. The programme aims to instilling the idea of social welfare in students, and to provide service to society without bias. NSS volunteers work to ensure that everyone who is needy gets help to enhance their standard of living and lead a life of dignity. In doing so, volunteers learn from people in villages how to lead a good life despite a scarcity of resources. It also provides help in natural and man-made disasters by providing food, clothing and first aid to the disaster's victims.

With the permission of Hon'ble principal of Lokepara Mahavidyalaya, as per discussion with cultural, NSS committee members and IQAC, NSS activities were planned. Discussion on regular as well as red ribbon club activities and programme was held which helped them to organize and execute effectively.

Following activities were held during this year by NSS Unit for this academic year 2022-23.

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

NSS Event Reports of Lokepara Mahavidyalaya- 2022-2023

1. Celebration of ‘Azadi ka Amrita Mahotsav’ of Independence Day along with The Tree plantation Drive at College Campus
 Date: 15-08-2022 Page: 3 - 5
2. Red Ribbon Club (HIV/AIDS) Awareness Programme
 Date: 21-10-2022 Page: 6 - 9
3. Swachhata Abhiyan at Collage Campus
 Date: 07-12-2022 Page: 10 - 12
4. Community Development programme on “Save Water” at Lokepara Mahavidyalaya
 Date: 22-12-2022 Page: 13 - 15
5. Community Development programme on “Save Water” at Dolui Para (NSS Adopted Village)
 Date: 11-02-2023 Page: 16 - 18
6. 7 Day NSS Special Camp awareness programme
 Date: 21-03-2023 Page: 19 - 34
7. Celebration of “The International Yoga Day”
 Date: 21-06-2023 Page: 35 - 37

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

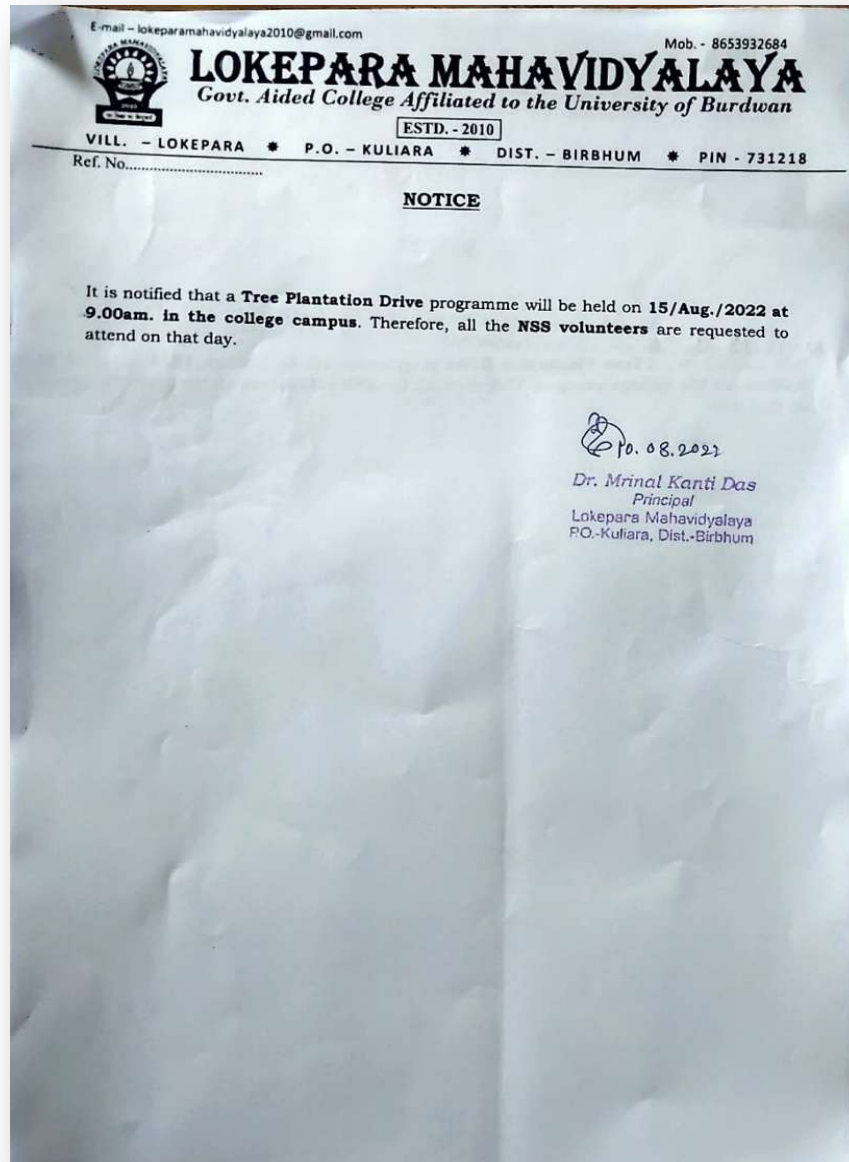
TREE PLANTATION DRIVE

DATE: - 15/08/2022

TIME: - 10 A.M- 3 P.M

MEMBERS ATTENDED: 13

ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA , NSS UNIT-I



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Tree Plantation Drive at College
Campus Date - 15/08/2022

1.	Tina Dey	3rd Sem
2.	Pusa Mondal	"
3.	Pinki Bhandari	"
4.	Puja Konar	"
5.	Aprita Mondal	"
6.	SK Khai Mondal	"
7.	Priya Pal	"
8.	Prati Mondal	"
9.	Laxmi Bandyopadhyay	"
10.	Ganesh Ghosh	"
11.	Joly Saha	"
12.	Aprita Mondal	"
13.	Pinki Bhandari	"

Principal
Lokepara Mahavidyalaya
Kullara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

The activity of Tree Plantation Drive was conducted on 15 august 2022 at campus of Lokepara Mahavidyalaya. The drive was declared a great success as over thousand saplings were planted by NSS Unit. The motto of the drive was “each one, plant one”.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

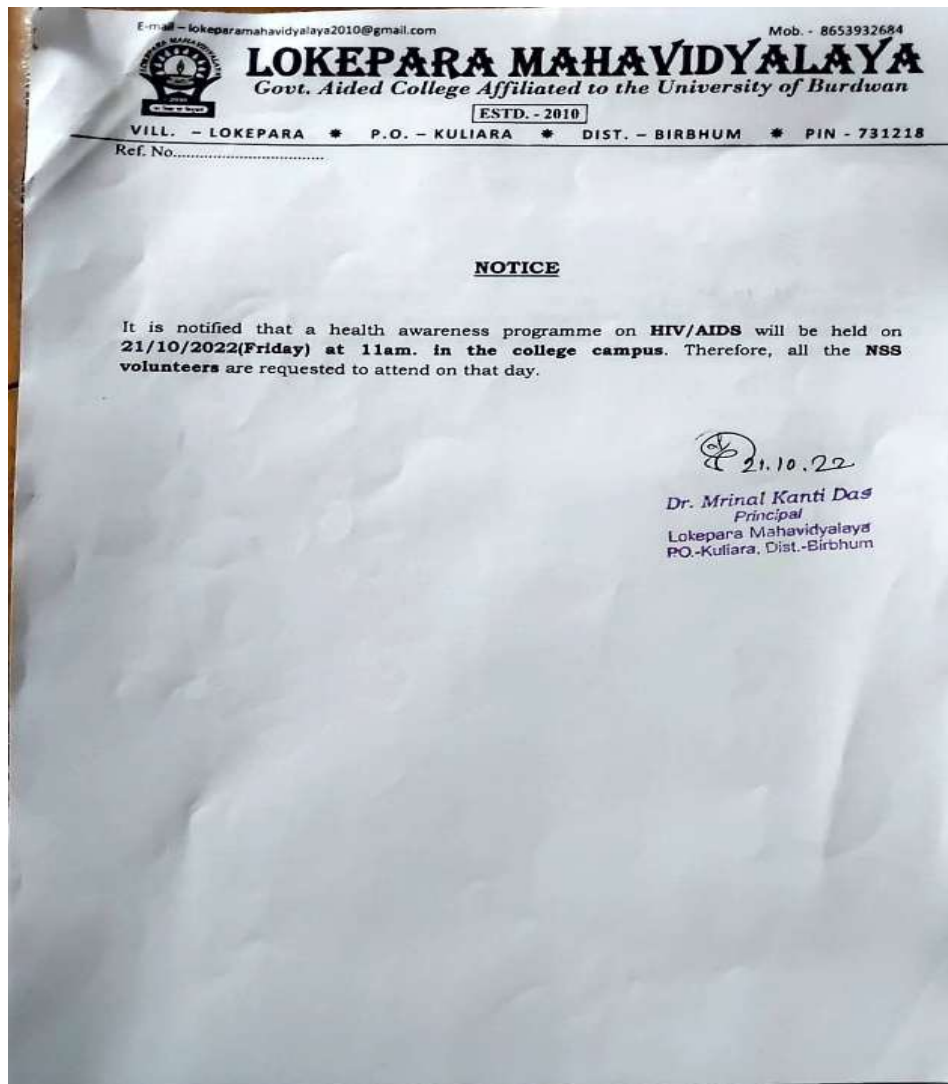
RED RIBBON CLUB PROGRAMME

DATE: - 21/10/2022

TIME: - 10 A.M- 3 P.M

MEMBERS ATTENDED: 69

ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA, NSS UNIT-I



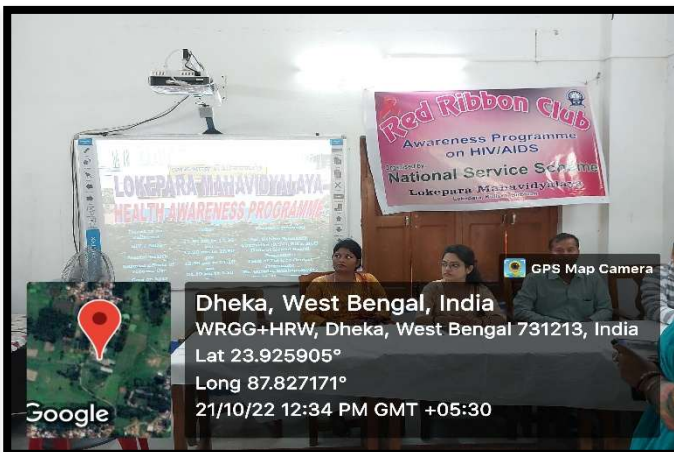
Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

SL	NAME	COLLEGE ROLL	SEMESTER
38	SOUVIK DAS	G-328	3rd
39	SUDIPTA DAS	G-333	3rd
40	SURAJIT DAS	G-160	3rd
41	KARTIK DHALAR	G-190	3rd
42	Rajib Ghosh	G-436	3rd
43	Bodhisat Das	G-277	3rd
44	Suroj SK	G-205	3rd
45	Bhikanta Pramanik	G-134	"
46	Smriti Mondal	G-137	"
47	Arijit Saha	G-136	"
48			
49	Mrinal Kanti Das	Principal	
50	Bodhisat Das	Psychiatric Social Worker	
51			
52	Aditi Mondal	Clinical Psychologist	
53			
54	Chander Chatterjee	Psychologist	
55			
56	Sudip Chatterjee	Medical Record Keeper	
57	Bopprajit Mondal	Senior Worker	
58			
59	GURUDAS MUKHERJEE	P.N.O.A. Satyapriya	G.D.S
60	Sk. Rafiqul Islam	Pharmacist Dhanprey	
61	Kabita Bhalla (M.A)	DHEKASIC	K Bhalla
62	Chumki Ghosh (Staff Nurse)	DHEKASIC	C. Ghosh
63	Ghosh, Dey	Asst. Prof.	Dr. K. Ghosh M.V.
64	Rajibjit Das	P.O.	Lokepara M.V.
65	Sayed Abu Sahid	College Teacher	Lokepara Mahavidyalaya
66	Bishnu Mondal	S.A.C.T	Lokepara Mahavidyalaya
67	Santo Das	P.T	"
68	Santanu Das		"
69	Souvik Banerjee		"

Principal
Lokepara Mahavidyalaya
Kullara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

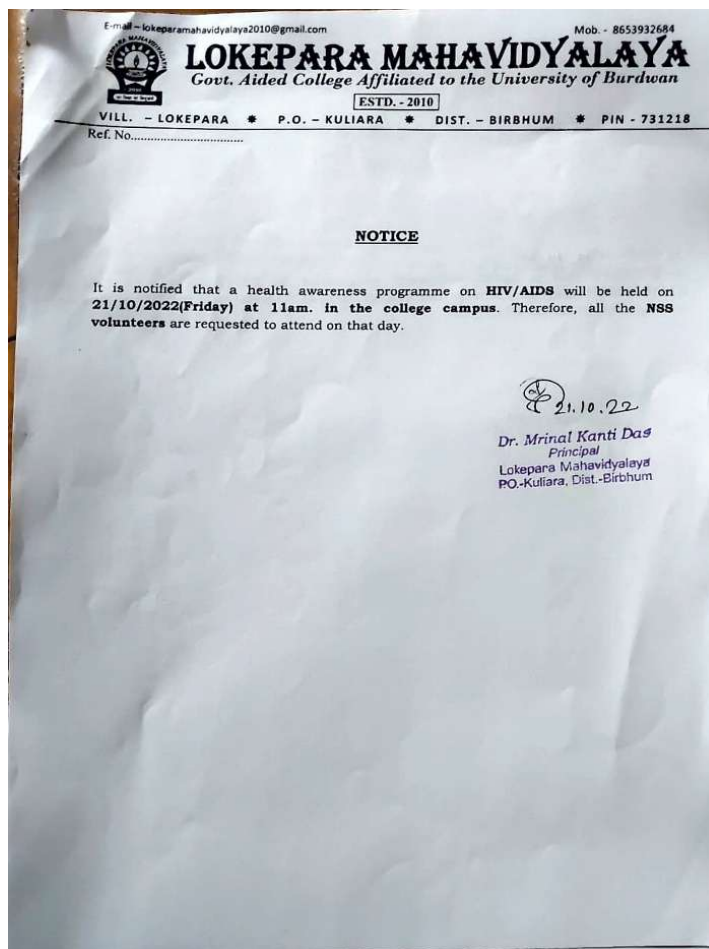
Lokepara Mahavidyalaya NSS UNIT-I organized a Red Ribbon programme with an objective to spread awareness regarding HIV-AIDS among students and local people. Our respected principal and other teachers delivered their valuable speech for making students aware about HIV-AIDS and safe blood transfusion. **A Govt. medical officer from Department of health & family welfare, Rampurhat health district (C.M.O.H) was also invited.** 20 Volunteers, 50 above students and local people were present on the programme.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Swachhata Abhiyan 2022
DATE: - 07/12/2022
TIME: - 12 A.M
MEMBERS ATTENDED: 39
ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA, NSS UNIT-I

The activity of Swachhata Abhiyan was conducted on 7th December 2022 at campus of Lokepara Mahavidyalaya. A team of NSS volunteer conducted the Swachhata campaign to collect plastic and other garbage form the campus.



Dr. Mrinal Kanti Das
 Principal, Lokepara Mahavidyalaya

'Swachhata ~~Abhiyan~~ Abhiyan' at College
campus
Date - 07/12/2022

S.L	Name	College Roll	Semester
1	Pirita Pal	H-18	1st Sem
2	Rumi Mondal	H-21	1st Sem
3	Dwaja Mondal	H-8	1st Sem
4	Baisakhi Das	G-27	1st Sem
5	edema Khatoon.	G-25	1st Sem
6	Tina Mondal	H-46	1st Sem
7	Pallabi Mondal	H-42	1st Sem
8	Reema Pal	G-141	1st Sem
9	Midali Pal	G-80	1st Sem
10	Ratna Khatoon	G-123	1st Sem
11	Rumi Khatoon	G-156	1st Sem
12	Anjuma Khatoon.	G-16	1st Sem
13	Supriya Parvin	G-212	1st Sem
14	Sakila Khatoon	G-163	1st Sem
15	Mummun Mondal	G-85	1st Sem
16	Husna Hana Khatoon	G-45	1st Sem
17	Parvina Khatoon	G-103	1st Sem
18	Taslimah Khatoon	G-220	1st Sem
19	Serina Khatoon	G-181	1st Sem
20	Swati Patra	G-214	1st Sem
21	Pinki Ghosh	G-246	1st Sem
22	Khushi Bhalla	G-66	1st Sem.
23	Azish Bhalla	G-24	1st Sem.
24	Rahul Ghosh	G-126	1st Sem.
25	Ramen Ghosh	G-134	1st Sem.
26	Ananda Mondal	G-11	1st Sem.
27	Ravibul Sheikh	G-133	1st Sem
28	Parimal Das	G-102	1st Sem.
29	AKASH PAL	G-7	1st Sem.
30	Ripam Mondal	G-144	1st Sem.
31	Manab Mondal	G-71	1st Sem
32	Loknath Ghosh	H-20	1st Sem
33	Ankur Nandi	H-3	1st Sem
34	Astam Gargai	H-4	1st Sem
35		G-219	1st Sem.

S.L	Name	College Roll	Semester
36	Sri Jan Mondal	G-134	1st Sem
37	Sarat Ch. Dutta	G-47	3rd Sem
38	Debkanta Pramanik	G-139	3rd Sem
39	Rajib Ghosh	G-436	3rd Sem

Principal
Lokepara Mahavidyalaya
Kuliara, Birbhum

Principal
Lokepara Mahavidyalaya
Kuliara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

SAVE WATER
DATE: - 22/12/2022
TIME: - 10 A.M- 3 P.M
MEMBERS ATTENDED: 19
ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA, NSS UNIT-I

E-mail – lokeparamahavidyalaya2010@gmail.com Mob. – 8653932684

LOKEPARA MAHAVIDYALAYA
 Govt. Aided College Affiliated to the University of Burdwan
 ESTD. - 2010

VILL. – LOKEPARA * P.O. – KULIARA * DIST. – BIRBHUM * PIN - 731218

Ref. No.

NOTICE

It is notified that a **community development awareness** programme will be held on **22/12/2022 at 10.00am in the college campus**. Therefore, all the **NSS volunteers** are requested to attend on that day.

19.12.2022
 Dr. Mrinal Kanti Das
 Principal
 Lokepara Mahavidyalaya
 PO.-Kuliara, Dist.-Birbhum

Dr. Mrinal Kanti Das
 Principal, Lokepara Mahavidyalaya

Community Development programme 'on Save Water'
at Lokepara Mahavidyalaya campus
Date — 12/12/2022

	NAME	
1.	Bikram Ghosh.	1st SEM.
2.	Manab Mondal	1st sem
3.	Narayan Ghosh	1st Sem.
4	Papu Ghosh	1st sem
5	Sourik Ghosh	1st Sem
6	Rakhi Mondal	1st Sem
7	Partha Pramanick	1st Sem
8	Bishnu Gangai	1st sem
9	Pradip Dhibase	1st Sem
10	Rampa Pal	1st Sem
11	Mitali Pal	1st Sem
12	Tanushree Mondal	3 rd SEM
13	Papiya Mondal	3 rd Sem.
14	Proiti Mondal	3 rd Sem.
15	Tina Das	3 rd Sem
16	Pinki Bhandari	3 rd Sem
17	Priza Mondal	"
18	Sagar Bagdi	"
19	Priya Pal	"
20		

Principal
Lokepara Mahavidyalaya
Kullara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Save water awareness programme was organised by our college Lokepara Mahavidyalaya NSS Unit. Valuable awareness speeches were delivered by dignitary person, presented on the programme. The topics were about

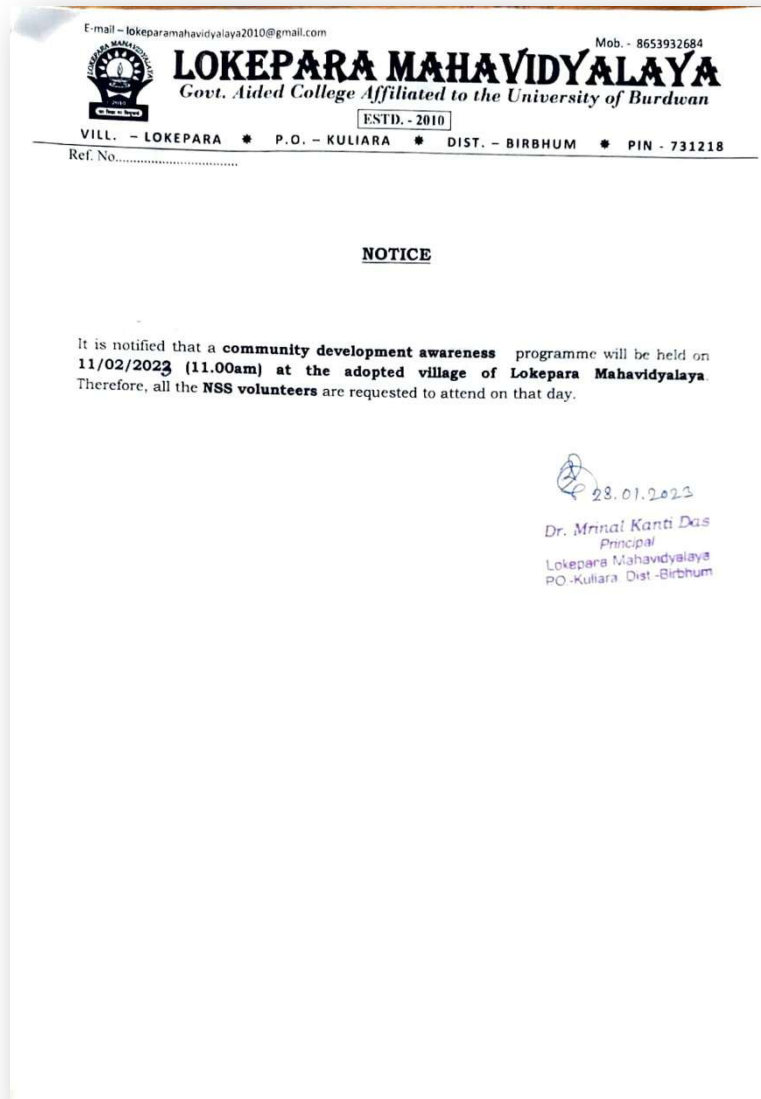
- 1) Save the water
- 2) Conservation of drinking water
- 3) Importance of water
- 4) What is the Gray water ?
- 5) How can we reuse the Gray water ?
- 6) Why we build up the sock pit ?
- 7) How can we protect ourselves from water disease

The motto of this programme was "Save water, Save life".



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

SAVE WATER
DATE: - 11/02/2023
TIME: - 10 A.M- 3 P.M
MEMBERS ATTENDED: 35
ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA , NSS UNIT-I



Dr. Mrinal Kanti Das
 Principal, Lokepara Mahavidyalaya

SAVE WATER AWARENESS PROGRAMME
LOKEPARA MAHAVIDYALAYA
DATE - 11/02/2023

SL	NAME	COLLEGE Roll	SEMESTER
1)	Rajib Ghosh	G-436	Sem-3
2)	Debkanta Pramanik	G-139	Sem-3
3)	Srijan Mondal	G-137	//
4)	Basudeb Das	G-277	//
5)	Manab Mondal	G-71	Sem-1
6)	Ripon Mondal	G-144	Sem-1
7)	Prantikrishna Das	G-347	Sem-111
8)	Suroj SK	G-205	Sem-111
9)	Naimuddin SK	G-427	Sem-111
10)	Masimuddin SK	G-369	Sem-111
11)	Subhojit Mondal	G-202	Sem-1
12)	Snikanta Prasad Tudu	G-200	Sem-1
13)	Saptan Shaw	G-255	Sem-1
14)	Pradip Dhibar	G-141	Sem-1
15)	Pradip dipak Mondal	G-131	Sem-1
16)	Souvik Banerjee	G-218	Sem-5
17)	Ankur Nandi	H-3	Sem-1
18)	Astam Gargai	H-4	Sem-1
19)	Rumi Mondal	H-21	Sem-1
20)	Durga Mondal	H-2	Sem-1
21)	Sonia Parvin	G-193	" "
22)	Asma Khatun	G-25	" "
23)	Regina Khatun	G-140	" "
24)	Manasa Das	G-72	" "
25)	Dipali Mondal	G-41	" "
26)	Disha Mondal	G-43	" "
27)	Sathi Rayak	G-179	" "
28)	Sadheswari Baidi	G-188	Sem-6
29)	Annapurna Dhibar	G-17	Sem-1
30)	Pinki Ghosh	G-246	Sem-1
31)	Debika Mondal	H-39	Sem-1
32)	Mitali Pal	G-80	Sem-1
33)	Snabanti Bhalla	G-199	Sem-1
34)	Aprijit Saha	G-136	Sem-3
35)	Gita Dhibar	G-21	Sem-3

Principal
Lokepara Mahavidyalaya
Kulpara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



Dr. Mrinal Kanti Das
 Principal, Lokepara Mahavidyalaya

SPECIAL CAMP

DATE: - 21/03/2023 TO 27/03/2023

TIME: - 07 A.M- 5 P.M

MEMBER ATTENDED: 20

ORGANIZED BY: - LOKEPARA MAHAVIDYALAYA , NSS UNIT-I

On 21st march 2023, a seven-day NSS Special Camp was organized by LOKEPARA MAHAVIDYALAYA , NSS UNIT-I.

The camp commenced with the lighting ceremony by the honourable principal of Lokepara Mahavidyalaya, followed by an auspicious speech on this program by the principal.

The principal congratulates the volunteers unit of NSS and encouraged them to continue their efforts in the future.

IQAC co-ordinator, Advisory committee members, teaching and non-teaching staff, NSS volunteers and students of Lokepara Mahavidyalaya were also present in this programme.


On the first day, an adopted village survey, was conducted to study the state of health, education, water conservation, and pollution-free environment. The principal concluded the day`s programme with a valuable speech, keeping in mind the information gained on the first day and the information collected during the survey, to facilitate the work of the volunteers.


Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

N.S.S. Special Camp (21st March to 27th March, 2023)

Registration (Attendance)

I.No	Name	Day-1	Day-2	Day-3	Day-4	Day-5	Day-6	Day-6
1	Rajib Ghosh	✓	✓	✓	✓	✓	✓	
2	Sritam Mondal	✓	✓	✓	✓	✓	✓	
3	Bagesh Das	✓	✓	✓	✓	✓	✓	
4	Sarat Chandra Dutta	✓	✓	✓	✓	✓	✓	
5	Naimuddin SK	✓	✓	✓	✓		✓	
6	Suroj SK	✓	✓	✓	✓	✓	✓	
7	Masimuddin SK	✓	✓	✓	✓		✓	
8	Pranabishna Das	✓	✓	✓	✓	✓	✓	
9	Rita Mondal	✓	✓	✓	✓	✓	✓	
10	Pallabi Pal	✓	✓	✓	✓	✓	✓	
11	Sagar Bagdi	✓	✓	✓	✓	✓	✓	
12	Arifit Saha	✓	✓	✓	✓	✓	✓	
13	Gita Dhibar	✓	✓	✓	✓	✓	✓	
14	Kailash Dex	✓	✓	✓	✓	✓	✓	
15	Sumana Mondal	✓	✓	✓	✓	✓	✓	
16	Santana Khatun	✓	✓	✓	✓	✓	✓	
17	Anushree pal	✓	✓	✓	✓	✓	✓	
18	Nahida Khatun	✓	✓	✓	✓	✓	✓	
19	Pabitra Mondal	✓	✓	✓	✓	✓	✓	
20	Soma Det	✓	✓	✓	✓	✓	✓	
21								
22								
23								
24								
25								


Programme Officer
NSS UNIT-I
Lokepara Mahavidyalaya


Principal
Lokepara Mahavidyalaya, --
Kullara, Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

**PROGRAMME SCHEDULE
for
NSS Special Camp
Lokepara Mahavidyalaya
(21.03.2023 -27.03.2023)**

Day	Time	Events	Participants/ Speakers
Day-1 21.03.2023	10.30 a.m. 11.30 a.m. 12. noon 2 p.m. 3 p.m.	<ul style="list-style-type: none"> ➤ NSS Flag Hoisting & Opening of the Camp ➤ Awareness of NSS ➤ Present Survey & Data Collection at Adopted Village ➤ Lunch Time ➤ Present Survey & Data Collection at Adopted Village, ➤ Motivational speech 	Dr. Mrinal Kanti Das Principal, Lokepara Mahavidyalaya NSS Volunteers NSS Volunteers Dr. Mrinal Kanti Das Principal, Lokepara Mahavidyalaya
Day-2 22.03.2023	8.30 a.m. 11.30 a.m. 12. noon 2 p.m. 3 p.m.	<ul style="list-style-type: none"> ➤ Collage Campus Cleaning ➤ Tiffin Break ➤ Jal Jeevan Mission ➤ Lunch Time ➤ Save the Water, reuse grey water , Conservation of Water. 	NSS Volunteers ISA Birbhum Sourav Dutta ISA Birbhum, ISA Imagin
Day-3 23.03.2023	8.30 a.m. 11.30 a.m. 12. noon 2 p.m. 3 p.m.	<ul style="list-style-type: none"> ➤ Importance of YOGA in Our Daily Life & Practice at Adopted Village ➤ Tiffin Break ➤ Importance of Medicinal Plants ➤ Lunch Time ➤ Importance of Leisure Time Activities 	Sri Manas Mondal Panchthupi Haripada Gouribala College NSS Volunteers Dr. Nikhil Kumar Sinha Awardee of National Teacher Dr. Panchachali Mukherjee Asstt.Prof. Bengali, Lokepara Mahavidyalaya

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Day	Time	Events	Participants/ Speakers
Day-4 24.03.2023	10.00 a.m.	➤ Eye Check-up Camp at Adopted Village	Satpalsa RH
	11.30 a.m.	➤ Tiffin Break	
	12. noon	➤ Eye Check-up Camp at Adopted Village	
	2 p.m.	➤ Lunch Time	NSS Volunteers
	3 p.m.	➤ Eye Care Awareness	Satpalsa RH
Day-5 25.03.2023	8.30 a.m.	➤ Adopted Village Cleaning	NSS Volunteers
	11.30 a.m.	➤ Tiffin Break	
	12. noon	➤ Sanitation & Personal Hygiene	Rampurhat Health Depratment
	2 p.m.	➤ Lunch Time	
	3 p.m.	➤ Environmental Awareness, Pollution	Sayed Abu Sahid Lokepara Mahavidyalaya
Day-6 26.03.2023	8.30 a.m.	➤ Free Hand Exercise & its Importance	Biswajit Rana P.O. , Lokepara Mahavidyalaya
	11.30 a.m.	➤ Tiffin Break	
	12. noon	➤ Analysis of Data Collection	NSS Volunteers
	2 p.m.	➤ Lunch Time	
	3 p.m.	➤ Motivational Speech	Biswajit Rana P.O. , Lokepara Mahavidyalaya
Day-7 27.03.2023	8.30 a.m.	➤ Cleaning of College Surrounding	NSS Volunteers
	10.30 a.m.	➤ Tiffin Break	
	11. a.m.	➤ Motivational Speech	Sri Tridib Bhattacharjee President, G.B, Lokepara Mahavidyalaya
	12. noon	➤ Dengue Awareness Programme	Rampurhat Health Depratment
	2.00 p.m.	➤ Lunch Time	
	3.00 p.m.	➤ Cultural programme	NSS Volunteers

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



The lighting ceremony



The lighting ceremony



Survey & data collection by volunteers



Survey & data collection by volunteers

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

2nd day

At first NSS volunteers gathered to clean the surroundings of individual buildings on the campus. They collected waste from the surrounding area and removed properly. The complete cleanliness drive was inspiring for the volunteers.

NSS volunteers conducted an awareness drive on Jal Jeevan Mission, water conservation, Save water and re-use greywater in adopted village at Daluipara. Mr. Sourav Dutta, Public Health Department, Rampurhat, Birbhum and ISA IMAGIN were present on the day. NSS volunteers visit every house in the village to observe and provide a clear idea of how to use water properly and how to conserve water. Villagers appreciated the volunteers for their work on the awareness programme.

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



Volunteers at adopted village



Volunteers at adopted village



Volunteers at adopted village



Volunteers visited at school

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

3rd day

We all know how important yoga is for staying healthy in today's society. Yoga is a way of life and we gradually incorporate yoga into life. Apart from preventing many diseases, yoga exercises bring more harmony in our thoughts and actions in our daily life.

On the third day program a yoga exercise camp was organized with the students and village people.

The camp was attended by the Principal of the College Dr. Mrinal Kanti Das, students, NSS volunteers and special guest Sri Manas Mondal (Yoga Trainer), Panchthupi Haripada Gouribala College.

He sheds light on the importance of yoga in our lives and demonstrates how to practice yoga exercises. Villagers benefited and appreciate to NSS volunteers in this program.



YOGA Practice



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

India has long been recognized as a rich source of medicinal plant. The forest in India is the principal source of large number of medicinal and aromatic plants. It has played an important role in human health care as an essential ingredient in traditional medicine for thousands of years.

To promote the importance and identification of medicinal plants in the adopted village, a camp was organized by NSS Unit. The principal of Lokepara Mahavidyalaya Dr. Mrinal Kanti Das, Special guest Dr. Nikhil Kumar Sinha IQAC co-ordinator, Advisory committee members, teaching and non-teaching staff, Common people of the Village, NSS volunteers and students of Lokepara Mahavidyalaya were also present in this programme.

The camp aimed to aware the village people about the medicinal importance properties and identification of various plants. Medicinal plants were provided to all villagers through this camp. Villagers appreciated to the volunteers for their work on the awareness programme.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

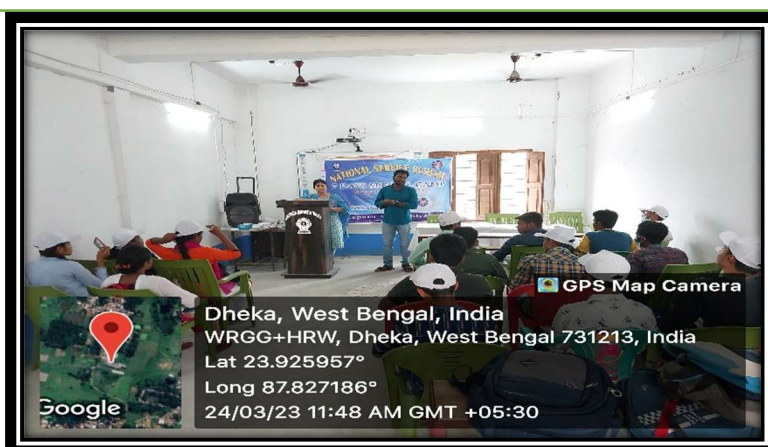
4th Day

NSS volunteers gathered to clean the surroundings of individual buildings on the campus. They collected waste from the surrounding area and removed properly. The complete cleanliness drive was inspiring for the volunteers.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Leasure time activities are important as traditional education for the social development of both children and adults. In the past, children had ample time to take part in various sports and activities, which have now become highly competitive, with educational activities. The NSS unit organized an awareness camp to the significance of leisure time activities and need to make it more enjoyable for adult as well. The special guest Dr. Panchali Mukharjee, associate professor, Bengali, Lokepara Mahavidyalaya, NSS volunteers, Local people



Leasure time activities speech by Dr. P. Mukharjee

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

5th Day

On the fourth day, a free Eye checkup camp was organised by the NSS unit in the adopted village, dr. Mrinal Kanti Das, the principal of the college and Dr. Gurudas Mukharjee, an ophthalmologist, Shatpalsa R.H. were presentat the camp. NSS volunteers, and adopted village people were also present in this camp. Over 50 people came for Eye checkup on this day. Doctors advised them various medicine and consultation during the camp. The principal encouraged the NSS volunteers and all the villagers appreciated to volunteers for successfully implementing such programmes.

Special camp
Free Eye Checkup Camp - Date 25-06-2023

নাম	গ্রাম	ফোন নং
১) হুমায়ুন দলুই	লোকপাড়া	
২) মনোরমা দলুই	লোকপাড়া	
৩) স্বরূপা দলুই	লোকপাড়া	
৪) অরুণি দলুই	লোকপাড়া	
৫) বিনামারী দলুই	লোকপাড়া	
৬) চিত্তা দলুই	লোকপাড়া	
৭) অরুণি দলুই	লোকপাড়া	
৮) হারাবিন দলুই	লোকপাড়া	
৯) ইন্দির কানাই	লোকপাড়া	
১০) বিক্রম দাস	হুন্সিয়াড়া	
১১) মোকাম্মদ দলুই	লোকপাড়া	
১২) দীপ্তব্রতী দলুই	লোকপাড়া	
১৩) প্রোফা দলুই	লোকপাড়া	৯৪০০৩৭৪০৭৪
১৪) শীবা দলুই	লোকপাড়া	৮১৪৫০০১৭২২
১৫) সুবর্ণ দলুই	লোকপাড়া	৮৭৭২৭২৫৭৪৭
১৬) সুস্মিতা দলুই	লোকপাড়া	
১৭) হেমন্তলী হাওয়া	লোকপাড়া	
১৮) সুস্মিতা দলুই	লোকপাড়া	৮৬৭০৭৫৬৭৪০
১৯) শীবা দলুই	লোকপাড়া	৭০৭৫৭৫৭৫২১

নাম	গ্রাম	ফোন নং
২০) বৈদ্যনাথ গায়ে	হুন্সিয়াড়া	৯৭৭২৫৬৫৬১০
২১) অক্ষিত দলুই	লোকপাড়া	
২২) বেঙ্গা দলুই	লোকপাড়া	৮১৫৭৭৭৫৩৭২
২৩) অরুণ বঙ্গী	হুন্সিয়াড়া	৯৭৭৭৭৭৭৭৭৭
২৪) দীপ্তব্রতী দলুই	হুন্সিয়াড়া	৭০৬৩৭৭৬৭৬১
২৫) গোবিন্দ দলুই	হুন্সিয়াড়া	৮৬৬৩২৩০৬৬৭
২৬) অরুণ দলুই	লোকপাড়া	৮৭৬৭৭৭৭৭৭৭৭
২৭) চন্দ্রা দলুই	লোকপাড়া	৭৬৭৭৭৭৭৭৭৭
২৮) সুস্মিতা দলুই	লোকপাড়া	
২৯) অরুণ দলুই	লোকপাড়া	
৩০) অরুণ দলুই	লোকপাড়া	৭৮৬৭৭৭৭৭৭৭৭
৩১) সুস্মিতা দলুই	হুন্সিয়াড়া	
৩২) অরুণ দলুই	লোকপাড়া	

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



Eye Care Checkup at adopted Village



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Day-6

National Pollution control day is observed on 2nd dec. every year to bring attention the dangers of polluted water, land and air. This day NSS unit organized an awareness programme on Environment Pollution. Mr. sayad Abu Sahid department of environment studies, he delivered their valuable speech to make aware. Adopted villagers and volunteers participated in this programme. The participants expressed that the programme was very useful and informative to the community.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

Day-7

A Dengue awareness camp was organized by our NSS unit association with the Rampurhat health department during the seven-day camp. The camp was attended by the principal of the college Dr. Mrinal Kanti Das. Chief guest Dr. Nilatpal Paul, Entomologist Rampurhat Health Department and Mr. Sourav Dutta, public health department, Rampurhat. Also present were college faculty, NSS advisory committee members, NSS volunteers and people from the adopted villages participate in this camp. The Doctor visited the adopted village through his long speech to aware to the local people about how mosquito larvae are produced from the identified stagnant water bodies and the causes, symptoms, how we can treat or prevent dengue fever. The awareness camp was conducive keep to the environment free from dengue virus.

At the end of the programme, the principal sir delivered his auspicious speech about seven-day special camp. He encouraged to the NSS volunteers.

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya



Dengue Awareness



Dr. Mrinal Kanti Das
 Principal, Lokepara Mahavidyalaya

**ACTIVITY REPORT
ON
INTERNATIONAL YOGA PROGRAMME
DATE: - 21ST JUNE, 2023
TIME: - 7 A.M
MEMBERS ATTENDED: 48
ORGANIZED BY: - NSS UNIT-I, LOKEPARA MAHAVIDYALAYA**

E mail – lokeparamahavidyalaya2010@gmail.com Mob. - 8653932684

LOKEPARA MAHAVIDYALAYA
Govt. Aided College Affiliated to the University of Burdwan
ESTD. - 2010

VILL. - LOKEPARA * P.O. - KULIARA * DIST. - BIRBHUM * PIN - 731218

Ref. No.....

NOTICE

It is notified that the **International Yoga day** will be observed in the college premises on **21.06.2023** at 10.00am. Therefore, all the **NSS volunteers** are requested to attend on that day.

19.06.2023
Dr. Mrinal Kanti Das
Principal
Lokepara Mahavidyalaya
P.O. Kuliara, Dist.-Birbhum

Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya

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International Yoga Day 21st June 2023

Name	Roll no.	Mobile no.	Sem
Saptam Shaw	G-255	7478892823	-2nd
Ripon Mondal	G-144	83921095467	-2ND
Mohammad Ali SK	G-369	8653438275	-4sem.
Rajdeep Dubey	G-111	8019275941	-2nd
Shibranthi Bhowmik	G-205	6295431019	6th
Barsha SK	H-50	9749093755	4th Sem.
Souvik Dattaraj	G-203	6285632315	6th
Sourin Kumar Nalla	G-270	7308005279	6th
Rahul Dey	G-159	9749733706	6th
Parimal Das	G-102	6295194672	2-SEM
Mohadeb Bhakta	G-126	7586964079	6th Sem
Arindam Goswami	G-348	9608846129	6th Sem
Suroj SK	G-205	8942830013	4th Sem
Bilal Mondal	G-150	8159932677	6th Sem
Souvik Mondal	G-219	7431936689	6th Sem
Sahaban Seth	G-189	7797627555	6th Sem
Anushree Pal	G-71	9883777206	6th SEM
Eshana Jasmin	G-984	7308022603	6th SEM
Mouni Ghosh	G-130	5749050837	6th SEM
Manisha Garai	G-119	8372964304	6th SEM
Tilki Pal	G-398	939339441081	6th SEM
Tanushree Ghosh	G-61	7480859440	6th SEM
Ananta Ghosh	G-73	9734326192	6th SEM
Mitali Pal	G-80	7047288796	2th Sem
Hasi Hasina Khatun	G-385	7001502796	6th Sem
Surovi Dhyawan	G-235	9893957929	6th Sem
Rupali Ghosh	G-186	8016444357	6th Sem
Sahana Pasuwin	G-180	9883649587	6th Sem
Chalapa Khatun	G-284	8348019178	6th SEM
Pritya Karan	G-234	9080453362	6th Sem
Snati Patra	H-214	9609437322	2th SEM
Pinki Chosh	H-246	9647306018	2th Sem

Lokepara Mahavidyalaya
Kullara, Birbhum

Principal
Lokepara Mahavidyalaya
Kullara, Birbhum

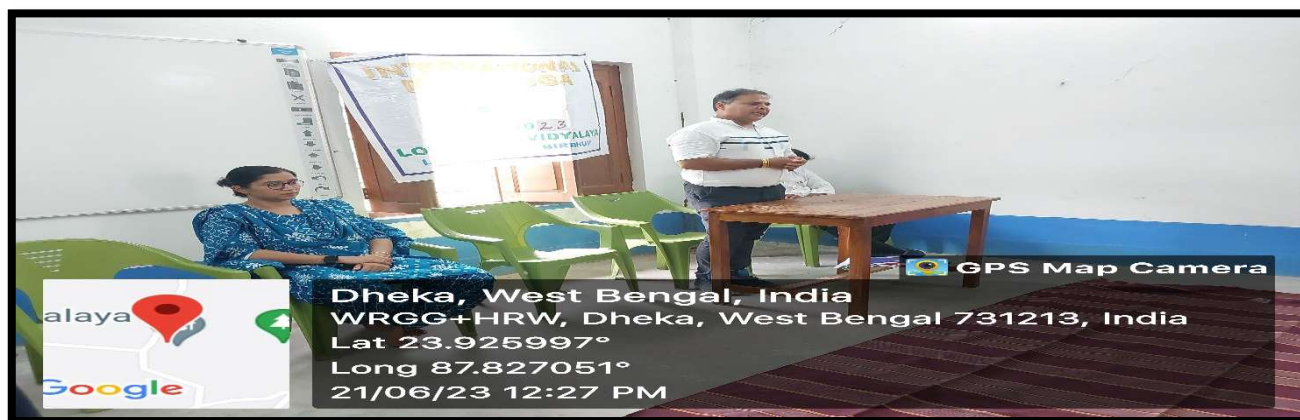
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33	Sathi Rajak	G-179	6297427388	2th Sem
34	Mousumi Das	G-132	8027023029	6th Sem
35	Rinki Dey	G-179	859768720	6th Sem
36	Rishi Das	G-41	973213618	6th Sem
37	Seuli Datta	G-300	93823068	5th Sem
38	Baishakhi Mal	G-75	6297373185	6th Sem
39	Riya Mondal	H-14	8710097838	2th Sem
40	Riya Mondal	H-17	960917168	2nd Sem
41	Rumpa Khatun	G-298	935936770	1st Sem
42	Jyotirabha Ghosh	G-57	8001201771	2th Sem
43	Ananta Datta	H-2	9064848645	2th Sem
44	Banashree Mondal	H-5	7548987165	2th Sem
45	Pabitra Mondal	G-354	9883965607	4th Sem
46	Riya Rajak	H-38	8597632546	4th Sem
47	Nisha Banerjee	G-127	9641134613	6th Sem
48	Aparna Dhiboo	G-270	8101194645	6th Sem

Dr. Mrinal Kanti Das

Principal, Lokepara Mahavidyalaya

Like every year our Lokepara Mahavidyalaya NSS UNIT observed International Yoga Day on 21st June. We organized an physical yoga session at Lokepara Mahavidyalaya . The theme of the mentioned year was **Yoga for Humanity** , the yoga for disease prevention and health promotion are well known. Maximum number of students took part of the event through online. Even our principal sir discussed about the essence of Yoga in our daily life and he also performed some Yoga through online session to encourage the students.



Dr. Mrinal Kanti Das
Principal, Lokepara Mahavidyalaya